Lesson 3 – Your Thought Life

Fear and anxiety start in y	our
Fear is,	but we can take control of our
A in	this context is the wrong thoughts and perceptions that contradict
the truea	and nature of God.
They affect our relationsh	ip with
They affect our relationsh	ip with
They can even affect our	
Many times, your negativ	e or anxious thoughts are way of distracting you from
God and the	_ he has for you.
We do not upo	n things that we do not
You can fight for your	life. The weapons that you need are:
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